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# State Championship, St. Amant, Louisiana 

## EXECUTIVE SUMMARY

The primary purpose of this study was to determine the economic significance to the immediate community and surrounding area of the LHSPLA 2000 power lifting meet that was held March 3-4, 2000, at St. Amant High School in Ascension Parish. A total of 515 student athletes plus 130 coaches represented 65 teams from Louisiana schools. Two questionnaires were used to gather data. One was administered to spectators on site, one to coaches. Additional data was secured from several area eating, lodging, and retail establishments. Results show a positive economic impact for St. Amant and Ascension Parish from visitor spending on hotel rooms, admission tickets, concessions, meals, and shopping. Comments about the tournament's operation and suggestions for improving the tournament are also included in this report.

## BACKGROUND and INTRODUCTION

This study of the economic benefits of the $17^{\text {th }}$ annual Louisiana High School Power Lifting Association's (LHSPLA) state championship that took place on March 3-4, 2000 in St. Amant, was conducted by the Louisiana Sea Grant College Program at LSU (Sea Grant). It is one of three similar projects sponsored by the Louisiana Office of Tourism. Professor Harsha Chacko with the University of New Orleans' School of Hotel, Restaurant and Tourism Management analyzed the economic benefits that resulted from a multi-state, girls' youth basketball tournament at the Alario Center in Westwego, while Professor Jerome Agrusa of the University of Louisiana at Lafayette analyzed the benefits of a second tier, professional golf tournament in Lafayette. All three studies were conducted during selected weekends in March 2000.

The primary purpose of the projects is to demonstrate that many of the state's communities benefit from relatively small-scale athletic or other sporting competitions. Such events are usually staged at public venues such as school gymnasiums, soccer fields, swimming pools, golf courses, tracks, rodeo arenas, etc. One particularly attractive aspect of these smaller events to the tourism sector is that they typically take place during the course of a weekend, when business travel demand for motel rooms and other accommodations is relatively low.

The 2000 LHSPLA event attracted over 1200 student-athletes, coaches, and spectators from throughout the state to St. Amant, in the outskirts of Gonzales.

High school power lifting became a bonafide sport in the early 1980s stemming from the need for off-season strength training programs for football players. The first LHSPLA event was held in West Monroe in 1983. Today, the sport appeals to both genders, and participants compete from the sole perspective of strength training. The high school season begins in December and culminates with the State Meet in early March.

In order to qualify for the State Meet, lifters must first compete in four regional meets held in late January and early February. Lifters qualify by placing in the top three spots of their weight class or by placing among the next three best lifters in two divisions. (Official Program, $17^{\text {th }}$ Annual LHSPLA Power Lifting State Championship, St. Amant, Louisiana).

Last year's meet took place in Alexandria, and the 2001 event is scheduled to return to St. Amant for the fourth time. Other high schools throughout the state host invitational power lifting meets and a statewide junior varsity event that provides younger lifters with a highly competitive environment also takes place in Louisiana annually.

## STUDY OBJECTIVES

Sea Grant's study of the LHSPLA 2000 Power Lifting State Championship study had two primary objectives:

1. To identify the economic significance of the LHSPLA 2000 meet to St. Amant and Gonzales in Ascension Parish. Sea Grant accomplished this objective by identifying the direct expenditures associated with the event, and profiling the visitors to the community.
2. To identify opportunities for enhancing the event in coming years. This was achieved by asking spectators to rate various aspects of the 2000 event. The information is of interest to event organizers and school booster organizations, as well as the Ascension Parish Tourist Commission and the hospitality sector.

## THE 2000 LHSPLA EVENT

A total of 515 student-athletes and an estimated 130 coaches representing sixty-five schools from throughout the state participated in the $17^{\text {th }}$ annual LHSPLA State Championship in the Gold Dome at St. Amant High School. The average distance from the participating schools to St. Amant is 100 miles. Over 600 parents and friends accompanied the delegations, although some of the smaller schools (those with only one or two entries) were only represented by the studentathlete(s) and a coach. Over 300 girls and boys in Division I ( 2 A and below) competed on Friday, while over 200 boys in Division II (3A, 4A, and 5A) lifted on Saturday.

## METHODS

Sea Grant, in consultation with professors Chacko and Agrusa, the Office of Tourism, and event organizers at St. Amant High School designed two questionnaires. A two-page, spectators’ questionnaire was administered on-site and at random to adult spectators at the event on March 3 and 4. Coaches were asked to complete a very brief, second instrument during a meeting on March 3rd. (Appendix 1).

Interviewers randomly intercepted adult spectators at the Gold Dome's concession stand area, and asked if "...they were from out-of-town," and if so, "...would they mind filling out a brief questionnaire that would help determine the impact of the event on the community." Interviewers had explicit instructions to enlist adults who appeared to be spectators, i.e. parents, family members, or friends of the participants. By and large, the spectators were accommodating and ultimately 101 usable questionnaires were completed. Sixty-one were obtained on the first day and 40 on the second. St. Amant Coach and the event's main organizer, John Talley, reported a total of 515 registered competitors with 310 ( 60.2 percent) on March 3 and the remaining 205 ( 39.8 percent) on March 4.

In addition, 32 of the 65 coaches responded to a coaches' questionnaire that was distributed during an organizational meeting called by Coach Talley on March 3. The information provided by the responding coaches served as the basis for the final estimates concerning the number of persons in each delegation, information on lodging in the area, and dollar estimates for travel expenses. Discussions on the underlying assumptions for these calculations appear in the analysis presented below. Excel 2000 spreadsheet software was used to compile and tabulate the data that appear in this report.

Several area eating and lodging establishments, as well as the Tanger Outlet Center were also very helpful in this project. Sea Grant had asked them in advance to monitor business activity during the event weekend, and to the extent possible, compare it to the previous weekend (February 25 and 26), as well as Mardi Gras weekend 1999 (February 12 and 13). The 2000 Power Lifting championship dates coincided with the Friday and Saturday that precede Mardi Gras. Some of their observations are included in the section entitled, "Local Businesses."

## SUMMARY OF ECONOMIC SIGNIFICANCE TO ASCENSION PARISH

The following estimates were prepared of the direct expenditures made by student-athletes, coaches, and spectators at the 2000 event in the St. Amant and Gonzales area.

Sea Grant estimates that the two-day event generated over $\$ 62,000$ in direct visitor expenditures in the community.

- An estimated 635 persons paid admission fees totaling $\$ 3,500$ to the two-day event.
- The 65 participating schools paid entry fees totaling $\$ 9,660$.
- Nearly $\$ 18,000$ was spent for lodging during the weekend. Coaches and student-athletes spent approximately $\$ 13,600$ for 206 room-nights in the area, while spectators used an additional 65 room nights and spent over $\$ 4,300$.
- More than $\$ 21,500$ was spent on food in Ascension Parish. The participants and coaches spent an estimated $\$ 10,100$, and the spectators spent an additional $\$ 11,400$ for food items (concessions, area restaurants, groceries, beverages, etc.).
- Coaches spent over $\$ 750$ for fuel while in Ascension. Spectators purchased approximately $\$ 1,200$ in fuel.
- Student-athletes and spectators purchased commemorative T-shirts that resulted in net proceeds of $\$ 790$.
- Shopping expenditures at area stores and the Tanger Outlet Center were estimated to be \$6,300.
- Expenditures at other area attractions were approximately $\$ 750$.


## Competitors and Coaches

The 65 participating schools paid entry fees totaling $\mathbf{\$ 9 , 6 6 0}$. These fees, along with all other gross proceeds, were used to pay for tournament expenses. The net income was distributed on a 50/50 basis between the Power Lifting Club and the St. Amant High School Athletic Department.

Almost one-half of the coaches representing nearly half of the competitors responded to the Coaches Questionnaire. Thirty-two coaches stated that their delegations included a total of 64 coaches, and that they were responsible for 253 participants ( 8.4 participants per responding delegation). The responding coaches also estimated that over 300 parents/chaperones accompanied their groups.

Coaches and student-athletes paid an average of \$66 per room-night in the area. They used an estimated 206 room-nights, which generated $\$ 13,596$ in gross revenues to area motels during the course of the weekend. The figure is based on (1) information furnished by 23 coaches who spent at least one night and used a total of 86 room nights in the area, (2) information gathered by Sea Grant from area motels, and (3) the following assumptions concerning non-responding coaches.

Sea Grant assumed that the 33 non-responding coaches spent at least one night in the area, if: (1) they were from beyond 133 miles away-the average distance for coaches responding affirmatively to whether students and other coaches under their supervision had stayed at a hotel/motel-or, (2) the non-responding schools were from 67-133 miles away, and had studentathletes participating on both days (Table 1). The nine coaches that responded that they had not spent a night represented schools that, on average, were less than 67 miles away from St. Amant. Furthermore, total room-night calculations for non-respondents are based on several additional assumptions: (1) one room for every two coaches, (2) one room for every four student-athletes in the delegation, and (3) two-night stays for delegations having participants on Friday and Saturday.

## Table 1

| Statistics on Distance for All Schools |  |
| :---: | :---: |
| Average | 100.5887692 |
| Standard Deviation | 58.16823608 |
| Median | 97.39 |
| Maximum | 206.21 |
| Minimum | 0 |
| Skew | 0.092413667 |
| Count | 65 |


| Statistics From Survey Respondents <br> \& Assumed Data |  |  |
| :--- | :---: | :---: |
|  |  | Distance <br> From |
| High School | Zip Code | St. Amant |$|$| BROADMOOR | 70815 | 23.48 |
| :--- | :---: | :---: |
| LUTHERAN | 70002 | 40.56 |
| RIDGEWOOD | 70001 | 40.95 |
| PEARL RIVER CENT. | 70452 | 62.06 |
| MANGHAM | 71259 | 157.12 |
| CEDAR CREEK | 71270 | 151.46 |
| WEST FELICIANA | 70775 | 59.69 |
| NORTHSHORE | 70461 | 64.8 |
| VERMILION CATH. | 70510 | 86.87 |
| COVINGTON | 70433 | 43.97 |
| WESTGATE | 70560 | 66.56 |
| ST. EDMUND | 70535 | 97.39 |
| LUTCHER | 70071 | 11.93 |
| MANDEVILLE | 70471 | 47.87 |
| SOUTH LAFOURCHE | 70354 | 61.92 |
| ACHS | 70346 | 14.88 |
| ST. PAUL | 70434 | 60.7 |
| OPELOUSAS | 70571 | 79.69 |
| BEAU CHENE | 70512 | 6.34 |
| ST. THOMAS AQUIN. | 70401 | 30.43 |
| PORT ALLEN | 70767 | 36.55 |
| CHSPC | 70760 | 52.09 |
| SALMEN | 70458 | 60.53 |
| EPISCOPAL | 70816 | 20.34 |
| LSD | 70820 | 24.28 |
| BRUSLY | 70719 | 31.27 |
| ZACHARY | 70791 | 39.12 |
| FALSE RIVER ACAD. | 70760 | 52.09 |
| ST. AMANT | 70774 | 0 |
| BISHOP SULLIVAN | 70879 | 27.1 |
| FOUNTAINEBLEU | 70471 | 47.87 |
|  |  |  |


| BLOCK HIGH | 71343 | 111.09 |
| :--- | :---: | :---: |
| WASHINGTON | 70615 | 141.2 |
| WINNSBORO | 71295 | 144.33 |
| ARCADIA | 71001 | 206.21 |
| MAMOU | 70554 | 105.16 |
| DERRIDDER | 70634 | 151.12 |
| NEVILLE | 71201 | 168.82 |
| DELTA | 70634 | 185.51 |
| EAST BEAUREGARD | 71457 | 176.93 |
| ST. MARY'S | 71411 | 178.14 |
| LAKEVIEW | 71301 | 123.42 |
| BOLTON | 71282 | 151.46 |
| MCCALL SR. HIGH | 71220 | 195.78 |
| BASTROP | 71360 | 122.07 |
| PINEVILLE | 71292 | 173.06 |
| WEST OUACHITA | 70433 | 43.97 |
| NORTHLAKE CHRIST. | 71446 | 128.23 |
| MENARD | 71418 | 155.08 |
| LEESVILLE | 70578 | 94.73 |
| CALDWELL | 71328 | 115.94 |
| RAYNE HIGH | 71465 | 143.84 |
| BUCKEYE | 70659 | 156.28 |
| LASALLE | 70508 | 73.59 |
| ROSEPINE | 71241 | 194.55 |
| ST. THOMAS MOORE | 71446 | 155.08 |
| FARMERVILLE | 71477 | 126.49 |
| PICKERING | 71457 | 176.93 |
| TIOGA | 71203 | 180.35 |
| NATCHITOCHES | 70549 | 115.56 |
| OUACHITA | 71303 | 60.53 |
| LAKE ARTHUR HS | 71291 | 181.9 |
| SLIDELL HIGH |  |  |
| ASH | 723 |  |
| WEST MONROE | 703 |  |
|  | 703 |  |

Estimates were also prepared of the amount of money spent on food by competitors and coaches in Ascension Parish. The responding coaches estimated that $\$ 15.67$ was spent per capita at food establishments (fast food, restaurants, snacks \& groceries) while in the Parish. Thus, the 515 participants and 130 coaches spent an estimated $\$ 10,107$ on food in Ascension. Figures 1 and 2.



The 32 coaches also reported spending $\$ 378$ in fuel while in Ascension Parish. This figure was doubled (\$756) for estimating the amount spent in the Parish by the 65 coaches for fuel purposes.

Student-athletes also purchased commemorative T-shirts, and Coach Talley reported net proceeds of $\mathbf{\$ 7 8 7 . 4 1}$

## Spectators

Approximately 635 persons paid admission fees totaling \$3,500 to the two-day event. Coach Talley indicated that admission receipts totaled $\$ 3,535$ and Sea Grant estimated that 75 percent of the attendees ( 475 persons) purchased day-passes ( $\$ 5.00$ ), and the remaining 25 percent ( 160 spectators) paid for two-day admission at $\$ 7.00$ each.

The 101 individuals that responded to the spectators' survey noted that there were a total of 367 persons, including themselves, in their party. Fifty-eight ( 58 percent) of the respondents were female and 42 percent were male. The average age of spectators was early 40s.


According to Coach Talley, expenditures by spectators and others resulted in a net income of $\$ 3,029.75$ from concessions. Eighty-nine respondents estimated that those in their parties spent $\$ 1,518$ in concessions, $\$ 3,508$ in local restaurants and $\$ 701$ for groceries, beverages, etc. Figure 4. By extrapolation, and based on a per capita amount for food of $\$ 17.89$ per spectator ( $\$ 4.74$ per spectator for concessions; $\$ 10.96$ for restaurant meals; and, $\$ 2.19$ for groceries, etc.), Sea Grant estimates that the $\mathbf{6 3 5}$ paid spectators spent $\mathbf{\$ 1 1 , 3 6 0}$ on food items in the Parish.

Figure 4: Respondent Spectator Expenditures for the Powerlifting Tournament


A distribution of all expenditures, by category, appears in Figure 5.

Figure 5: Allocation of Expenditures by Responding Spectators for Entire Trip


Most respondents did not report having spent a night in area motels. Those that did overnight, however, reported staying a total of 46 room nights in area motels, and spending an average of $\$ 67$ per night for lodging. Sea Grant thus estimates that all spectators will have used $\mathbf{6 5}$ room nights and spent a total of $\mathbf{\$ 4 , 3 5 5}$ on lodging.

The respondents spent approximately $\$ 2,714$ for total gasoline during their journey to and from St. Amant. It is thus estimated, though extrapolation, that all spectators spent over $\$ 3,400$ on fuel, with about 35 percent purchased in Ascension Parish $\mathbf{( \$ 1 , 1 9 0 )}$ ).

Fifty-seven spectator survey respondents, representing approximately 200 persons, noted that they planned on shopping while in the area. Approximately 35 percent stated they specifically planned on shopping at the Tanger Outlet Center, while another 40 percent noted that they had planned on including the Center along with other shopping locations. Other area stores figured in the plans for over 30 percent of the visitors. Figure 6.

The Tanger Outlet Center estimates that, on average, weekend shoppers conservatively spend approximately $\$ 50$ per person. We estimate shopping expenditures at local stores and the area Center to have been $\$ \mathbf{6}, 300$.

Fifteen respondents, representing 60 persons, noted that they were going to visit area attractions. We thus calculated that 75 persons went to area attractions. Expenditures at area attractions were calculated at $\$ 10.00$ per capita for a total of $\$ 750$.

Figure 6: Shopping Plans

$\mathrm{AM}=$ Area Mall (Tanger Outlet Center), $\mathrm{BR}=$ Baton Rouge, $\mathrm{LS}=$ Local Shops, and $\mathrm{NO}=$ New Orleans.

## LOCAL BUSINESSES

Several area eating establishments agreed to monitor business activity during the LHSPLA weekend and, to the extent possible, compared volume and revenues to the previous weekend and the 1999 Mardi Gras weekend.

Sno's Family Restaurant reported that on Friday (March 3) night, the restaurant hosted 55 more persons than an average Friday night. On Saturday, there were 30 more customers than an average Saturday. This despite the fact that Mardi Gras weekends "are not traditionally good weekends".

The Cabin reported that Friday and Saturday business--lunch and supper--was up 62 percent and 48 percent respectively from March 5 and 6 in 1999. In addition, Friday business was up 60 percent when compared to the previous Friday, but Saturday was down six percent from the previous Saturday. The staff observed that they were not able to differentiate between power lifting families and other tourists visiting local attractions or Mardi Gras visitors.

Picadilly Cafeteria reported declines in the total number of customers for the applicable weekends in 1999 and 2000. Thursday, March 2, figures are also included since persons wearing tournament shirts were seen that evening.

|  | $\underline{1999}$ |  | $\underline{2000}$ |  |
| :--- | ---: | ---: | ---: | :---: |
|  | 963 |  | 808 |  |
| Thursday | 963.32 |  |  |  |
| Friday | 1125 |  | 915 | 6.57 |
| Saturday | 1001 |  | 770 |  |
| Sand | 6.68 |  |  |  |

McDonald's provided comparisons, in the form of percent change, for the three area stores (Gonzales, Highway 30, and Sorrento) for March 3 through 5, the same days of the previous week, as well as Mardi Gras weekend 1999.

| Store | Breakfast |  | Lunch |  | Dinner |  | All |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1999 | Feb. 25-26 | 1999 | Feb. 25-27 | 1999 | Feb. 25-28 | 1999 | Feb. 25-29 |
|  | Gonzales |  |  |  |  |  |  |  |
| 3-Mar | +6 | +9.3 | +11.8 | +13.0 | +.09 | -10.4 | +5.3 | +5.3 |
| 4-Mar | +8.1 | +5.5 | -7.0 | +10.6 | -5.9 | +0.9 | -1.9 | +4.1 |
| 5-Mar | -14.0 | +3.9 | -17.9 | -1.3 | -4.9 | -5.2 | -11.9 | -1.1 |
|  |  |  |  |  |  |  |  |  |
| HWY 30 |  |  |  |  |  |  |  |  |
| 3-Mar | +4.2 | +5.0 | +31.2 | +7.8 | +7.3 | +17.9 | +20.5 | +16.4 |
| 4-Mar | -4.6 | +28.4 | +4.5 | +7.4 | +27.8 | +41.8 | NC | +22.6 |
| 5-Mar | +7.3 | +39.8 | +12.0 | +38.6 | +10.2 | +3.9 | +4.3 | +31.2 |
|  |  |  |  |  |  |  |  |  |
| Sorrento |  |  |  |  |  |  |  |  |
| 3-Mar | -4.5 | +8.8 | -2.8 | -14.6 | +36.7 | +35.6 | +14.3 | +12.1 |
| 4-Mar | +3.2 | +25. | +11.8 | +5.3 | -29.9 | -39.9 | -12.0 | +2.7 |
| 5-Mar | +15.3 | +87.2 | +18.2 | +29.5 | +6.1 | +68.7 | +12.0 | +54.0 |

Pit Stop Exxon and Deli compared to March 3 and 4 with February 25 and 26, 2000 and Mardi Gras weekend of 1999. Since, gasoline prices had climbed from 99 cents per gallon to $\$ 1.50$ in one year, the data was reported as total gallons sales:

| Date | 12-Feb-99 | 13-Feb-99 | $25-$ Feb-00 | $26-$ Feb-00 | 3-Mar-00 | 4-Mar-00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gallons of <br> Gasoline Sold | 2840 gallons | 2479 gallons | 2668 gallons | 2408 gallons | 2486 gallons | 2437 gallons |

Sales receipts in the store increased, although much is attributed to that week's large (\$160 million) Powerball jackpot.

## OPPORTUNITIES FOR ENHANCING THE 2001 EVENT

Event organizers should be pleased with the overall comments made regarding four major categories: Information, Event Organization, Location, and Parking. Respondents were asked to rate these aspects of the event as either "excellent, good, or needing improvement." Over 90 percent of the total respondents gave their opinions.

Over 50 percent answered "Good" for all categories. Forty-two percent responded "excellent" to information about the event, while over a third gave a similar rating to the other three categories. There were very few areas of concern. Four of the 93 people answered that the information could be improved. Nine out of the 91 respondents answered that event organization needs improvement. Ten out of 95 responded that the location could be improved. The only area of some concern was parking where 23 out of the 96 answered that it needs improvement. This can be attributed to a shortage of general parking on Friday, a school day.

Figure 7: Spectator Survey Responses


Forty spectators provided open-ended comments at the end of the questionnaire. The comments were categorized as follows: facility, score display, information, positive remarks, future, concessions, and shirts. They have been separated into the following categories.
$>$ Facility. Comments related to uncomfortable seating, lack of bathrooms, a need for better concessions, a larger venue, and free admission.
$>$ Score Display. Comments ranged from the music being too loud, and the scores not being easily readable, as well as a lack of scoreboards covering the different stations. There was also a request for closed captioning on the video.
$>$ Information. Focused on poor signs on the roads and highways to guide spectators and students to the event.
$>$ Positive Remarks. Four commented that the event was good and well organized.
$>$ Future. There were two responses relating to Zachary High School's desire to host the event, and wanting to see an increase in the number of participants.
$>$ Concessions. There was one request for "Smoothie King" products to be sold at the event.


## Table 2

| Category | Comments |
| :--- | :--- |
| Facility | Bathrooms; want to write scores on programs |
| Facility | Better seating arrangements for parents |
| Facility | Better seating arrangements; clearer table/result signs |
| Facility | Better seating for spectators who have driven hours to watch and are overrun by local <br> HS students who go to the event sponsored school |
| Facility | Bigger gym \& better concessions |
| Facility | Chairs |
| Facility | Concessions \& Bathrooms need improvements |
| Facility | Free Entrance |
| Facility | Larger area \& help on lifts |
| Facility | Larger area, more workers to move it quickly, no handicap access |
| Facility | Larger place for event |
| Facility | Larger, cleaner facility |
| Facility | More A/C |
| Facility | More restrooms |
| Facility | PA upstairs |
| Facility | People need to be nice |


| Facility | Sit closer to lifters |
| :---: | :---: |
| Facility | Women's bathroom facility needs improvement. Concessions were great |
| Score Display | Can't read names or weights; put sheets where we can see and read. Call names out. |
| Score Display | Closed captioning on videos |
| Score Display | Difficult to track multiple stations |
| Score Display | Lower the music |
| Score Display | More announcements - the individual names more legible |
| Score Display | Music too loud on video, couldn't understand the words |
| Score Display | Not so strict on weight, allow a couple of pounds either way |
| Information | Better map |
| Information | Better signs |
| Information | Dinner for lifters \& family only. So they can visit other lifters, exchange info. \& thoughts |
| Information | Hwy sign indicating the event |
| Information | No signs to HS |
| Positive Remark | Everything good |
| Positive Remark | Everything seemed fine \& well organized |
| Positive Remark | Everything was ok |
| Positive Remark | Very good |
| Future | More students participating in power lifting |
| Future | Would like to see Zachary HS host an event |
| Concessions | Smoothie King should be here |
| No Category | Only second event attended. Not enough data to answer effectively |
| Parking | Better identified parking |
| Shirts | More shirts available |

